STUDYING THE WORDS OF THE BUDDHA:
Explorations of the Middle Length Discourse

2008-2009 Syllabus

September 12 - Why and how to study the Middle Length Discourses. Introduction to the history of the text.

October 3 - The Buddha in the Middle Length Discourses: autobiography, biography and hagiography

October 31 - Faith and the Path

November 21 - Karma: Teachings on action and its consequences.

January 9 - Right Effort

February 6 - Happiness, Sensuality, and Renunciation

February 28 - Meditation: Mindfulness

April 24 - Meditation: Concentration and Insight

May 29 - Wisdom and the Four Noble Truths

June 12 - Non-Clinging, Nibbana, and the Deathless