

The Progression of Practice

		Faith			Effort			Joy	Tran- quility			Happiness	Concen- tration	Equa- nimity			Wisdom
8-fold path	R. View, Intention Speech, Action, Livelih'd				6. Right Effort			7. Right Mindfulness					8. Right Concentration				
Five Faculties	1. Faith				2. Effort			3. Mindfulness					4. Concentration			5. Wisdom	
Seven Awakening Factors			1. Mindfulness			2. Investi- gation	3. Effort			4. Joy	5. Tran- quility			6. Concentration	7. Equa- nimity		
Progress of 2nd to 4th jhana									1a. Joy	1b. Tran- quility	2. Happiness				3. Equa- nimity		
Transcendent Origination	1. Suffering	2. Faith				3. Delight	4. Joy	5. Tran- quility	6. Happiness				7. Concentration			8. Know- ledge of things as they are	9 - 12. Disenchant- ment, Dispassion, Liberation, Knowledge of the destruction of the toxins
Preservation of Truth	1. Investi- gate the teacher	2. Faith in the teacher		3 – 6. Respect teacher, Listen to dhamma, Memorize dhamma, Reflective acceptance				7 – 10. Zeal arises, Applies will, Scrutinize dhamma, Strives								11. Becomes a stream- enterer	