

RESOURCES FOR STUDYING
THE
MIDDLE LENGTH DISCOURSES
(*Majjhima Nikaya*)

Translations:

Bhikkhu Nanamoli and Bhikkhu Bodhi, *The Middle Length Discourses of the Buddha*
(Wisdom Publications: 1995)

Thanissaro Bhikkhu, *Handful of Leaves* (Sati Center for Buddhist Studies and Metta Forest Monastery)

Volume 1 (2002) – an anthology with translations of 37 suttas from the Middle Length Discourses.

Volume 5 (2007) - contains additional suttas from the Middle Length Discourses.
[Both volumes will be distributed freely at the first sutta study class]

Sister Upalavanna, *English translation of Majjhima Nikaya* (found at Mettanet.org:
<http://www.mettanet.org/tipitaka/2Sutta-Pitaka/2Majjhima-Nikaya/index.html>)

Accesstoinight.org; A select number of suttas from the Middle Length Discourses by other translators is found on Accesstoinight.org, a valuable resource for the study of the Buddhist Discourses and the Theravada tradition. Audio readings of some Middle Length Discourses are found at this site. The site also lists many resources for further study including chat groups.

Study Aids:

Sharda Rogell, *Pressing Out Pure Honey: A Companion for the Majjhima Nikaya*
(Dhamma Dana Publications. Barre Center for Buddhist Studies: 2003)

Pali version of Majjhima Nikaya can be found on Mettanet.org at
<http://www.mettanet.org/tipitaka/2Sutta-Pitaka/2Majjhima-Nikaya/index.html>

Introductions to the teachings and history of Buddhism:

Richard Robinson, Willard Johnson and Thanissaro Bhikkhu, *The Buddhist Religions*
(Wadsworth Publishing, 5th edition: 2004)

Peter Harvey, *An Introduction to Buddhism: Teachings, history and practices*
(Cambridge University Press)