

The Dharma in Brief
The Buddha's Summaries of his Teachings

From the Dhammapada: The Ovada Patimokkha (Advice in the Discipline)

Doing no evil,
Engaging in what's skillful,
And purifying one's mind:
This is the teaching of the Buddhas.

(183)

Also from the Dhammpada:

Not disparaging others, not causing injury,
Practicing restraint by the monastic rules,
Knowing moderation in food,
Dwelling in solitude,
And pursuing the higher states of mind,
This is the teaching of the Buddhas.

(185)

From the Gotami Sutta in the Anguttara Nikaya:

As for those qualities of which you may know, 'These qualities lead to dispassion, not to passion; to being unfettered, not to being fettered; to shedding, not to accumulating; to modesty, not to self-aggrandizement; to contentment, not to discontent; to seclusion, not to entanglement; to aroused persistence, not to laziness, to being unburdensome, not to being burdensome': you may definitely hold, 'This is the Dhamma, this is the Vinaya, this is the Teacher's instructionn.'"

AN VIII.53

Instruction to Bahiya:

You should train yourself thus: In reference to the seen, there will be only the seen. In reference to the heard, only the heard. In reference to the sensed, only the sensed. In reference to the cognized, only the cognized. That is how you should train yourself. When for you there will be only the seen in reference to the seen, only the heard in reference to the heard, only the sensed in reference to the sensed, only the cognized in reference to the cognized, then there is no you in connection with that. When there is no you in connection with that, there is no you there. When there is no you there, you are neither here nor yonder nor between the two. This, just this, is the end of stress.

Udana I.10